

## MATCH REGULATIONS –VOLLEYBALL

- Vb.1. The game will be played under the International Volleyball Rules as published by the ‘Federation Internationale de Volleyball’ unless contra indicated below.  
All matches are to be ‘best of five sets’. Where time will not permit a ‘best of five set’ match to be completed, coaches and referees will need to confer and confirm at the earliest possible opportunity how the match should be played within the time period allowed
- Vb.2. Players uniform should be the recognised sports uniform of that school for volleyball. Tracksuit pants are permitted.
- Vb.3. Coaches need to confer prior to the game to establish the method of substitution. This method is not to be changed during the game.
- Vb.4. a) The server must be behind the end line. They may freely move or jump as long as they do not touch the end line at the moment they hit the ball. Once they have hit the ball, the server may land within the court or the free zone.  
b) The server must hit the ball within 5 secs after the 1st referee whistles for service.  
c) Services made before the referee's whistle, is cancelled and must be repeated.  
d) The ball shall be clearly hit with one hand or with any part of the arm after being thrown or released and before it touches the playing surface.
- Vb.5. a) The ball may be contacted with any part of the body.  
b) The ball may contact various parts of the body provided the contacts are done simultaneously, the hit is correct and the bounce is clear.  
c) The ball must be clearly hit and not come to rest (lifted, pushed, carried or thrown).  
d) When judging contact with the ball, don't take into consideration the movements of the players either prior or subsequent to the contact, nor the sound produced by the contact.
- Vb.6. Before the game the six players will line up on their respective base lines until called on the court by the referee. At the end of each game the team retires to the base line and then moves in a clockwise direction around the court to again line up on the base line of the opposite court.
- Vb.7. Sets 1-4 are to 25 points. Advantage rule takes effect from 24 all. The 5th set is to 15.
- Vb.8. If sets are tied, it is a draw. Points won in completed sets are not taken into account. If negotiated, a reduced number of points can be played in the last set to achieve a result. To win any set, you must be up by 2 points.
- Vb.9. The use of libero is permitted at all year levels.
- Vb.10. There should be minimal movement between grades by the players. If the “A” grade team is short of players, then a “B” grade player can fill in to help out. This does not exclude the “B” grade player from playing finals for the “B” grade team.
- Vb.11. Schools should keep their own records in relation to which students play in what team.

<b>Team Size</b>	6 – Minimum 4; Maximum 12
<b>Ball</b>	Mikasa MVA 200 (V200W) or MVA 300 (V300W).
<b>Net Heights</b>	Year 7 Girls – 2.05m Year 8 & 9 Girls – 2.10m Year 7 Boys & Year 10-12 Girls – 2.15m Year 8 & 9 Boys – 2.24m Year 10-12 Boys – 2.35m
<b>Match Officials</b>	1 Qualified Referee or Coach
<b>Mercy Rule</b>	There is no specific Mercy Rule in this sport. If you are winning comfortably, encourage students to keep rallies going and not to hit big winners.
<b>Incomplete Matches</b>	For a winner to be awarded, 50% of the match must be completed before a result can be given (e.g. 6 out of 12 sets).
<b>Tied Grand Final</b>	The winning school needs to be 2 points clear in the final set to be the Premier.